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The MD & DDS Specialists

A Division of North Star Resource Group

Independent Comprehensive Financial Services

Specializing in Physicians and Dentists



The MD & DDS Specialists

A Division of North Star Resource Group



About Us

RESPONSIBILITY / GRATITUDE / INTEGRITY / GROWTH / SERVICE / FAITH

GIFERDINANCIAL

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Our Vision





Origins traced to 1908 when first office opened in Minnesota.

Minneapolis/St. Paul Business Journal ranks North Star Resource Group as one of the 2020 Twin Cities Largest Wealth Management Firms.

Member of the MN/ND Better Business Bureau and winner of the 2019 – 2020 Torch Awards for Ethics.



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Observations:

- Successful businesses are busy with their own operations.
- Successful people understand the importance of establishing strategies.

We are experts, not just in developing comprehensive financial strategies, but helping our clients implement them.

As of December 2019, over 160 full time advisors and over 200 employees in a network of 40+ offices; located in 23 states, have helped over 90,000 successful people achieve their financial goals.



THE ORIGINAL WALDORF HOTEL



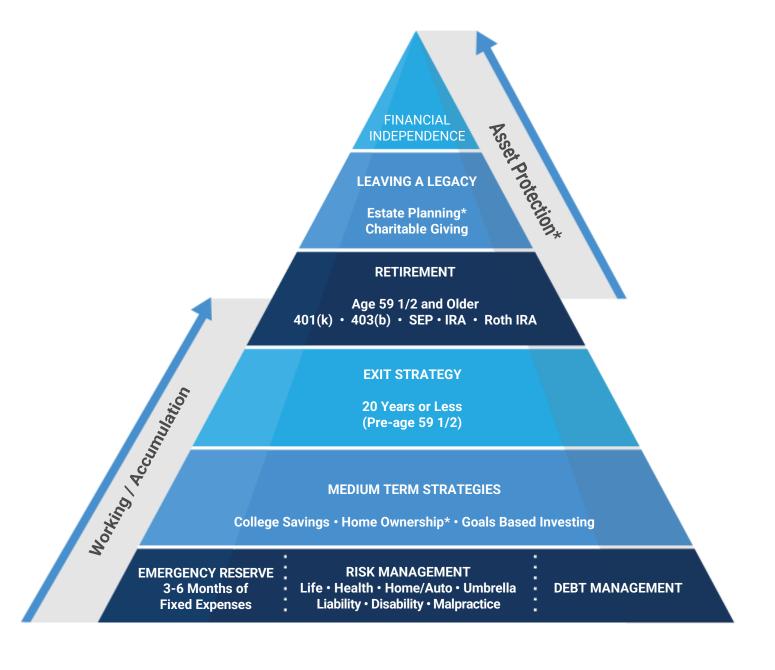










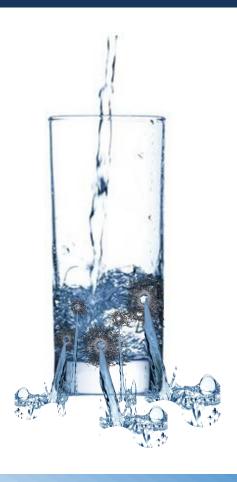


Building Net Worth while in Debt...



...is like trying to fill a glass full of holes

Prioritize which holes to plug



Building Net Worth

Without Debt



Simple Math on Buying a Practice

Hypothetical Illustration

Net Production after write-offs = \$1,000,000 \$650,000 Loan
Payment at
5% interest for
10 years =

Overhead= 60% **\$600,000**

\$6,859 Monthly **\$82,308** Annually

Net Available to Dr. = **\$400,000***

Income = \$317,692*

Debt Elimination Calendar

Hypothetical Illustration

	Credit Card 1	Credit Card 2	Grad+	Stafford	HPL
March	110	70	700	2600	100
April	110	70	700	2600	100
May	110	70	700	2600	100
June	110	70	700	2600	100
July		<u>180</u>	700	2600	100
August		<u>180</u>	700	2600	100
September		<u> 180</u>	700	2600	100
October			880	2600	100
November			880	2600	100
December				<u>3480</u>	100
January				<u>3480</u>	100
February					3580
March					

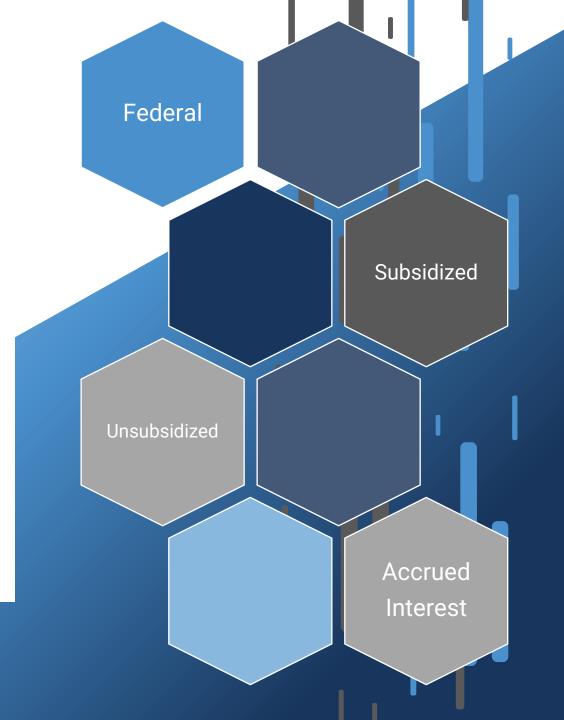
This is a hypothetical example for illustrative purposes only.

Navigating the Current Student Loan Environment

Understand what you have

Have a payment plan

 Understand the marketplace and what is available to you



Student Loan Refinance

Hypothetical Illustration

Loan Amount	Length of Loan	Interest Rate	Monthly Payment	Total Amount Paid
\$300,000	10 years	4%	\$3038	\$364,560
300,000	10 years	6%	3309	397,080
300,000	10 years	8%	3594	431,280
300,000	20 years	4%	1817	436,080
300,000	20 years	6%	2121	509,040
300,000	20 years	8%	2457	589,680
300,000	30 years	4%	1432	515,520
300,000	30 years	6%	1767	636,120
300,000	30 years	8%	2143	771,480

This is a hypothetical example for illustrative purposes only.

Key Financial Considerations for Dentists

Goal: Financial Independence

Understand the windows of opportunity

Save/Pay off debt before you get used to your new income.

*As practice debts get paid off, use that increased cash flow to *automatically* increase other debt payments or savings. Do this immediately anytime a debt is paid.*

20% savings

Understand the balance of power

The balance of power is the variable in your strategy that has the most influence on the overall direction of your financial future.

Balance of Power

Hypothetical Illustration

Save \$25,000 per year for **10** years at 8% growth

Save \$25,000 per year for **20** years at 8% growth

Save \$25,000 per year for **30** years at 8% growth

Your Balance = \$381,137

Your Balance = \$1,227,125*

Your Balance = \$3,125,614**

In the last 10 years your money made you \$595,988*

In the last 10 years your money made you \$1,648,489**

*\$381,137+\$250,000 (\$25k x 10) = \$631,137 \$1,227,125 - \$631,137 = \$595,988 **\$1,227,125 + \$250,000 (\$25k x 10) = \$1,477,125 \$3,125,614 - \$1,477,125 = \$1,648,489



Strategies to Build Wealth

- Automate Savings
- Fund Tax AdvantagedInvestments
- Be Tax Aware in your
 Decisions
- Don't Let Emotions DriveYour Investments

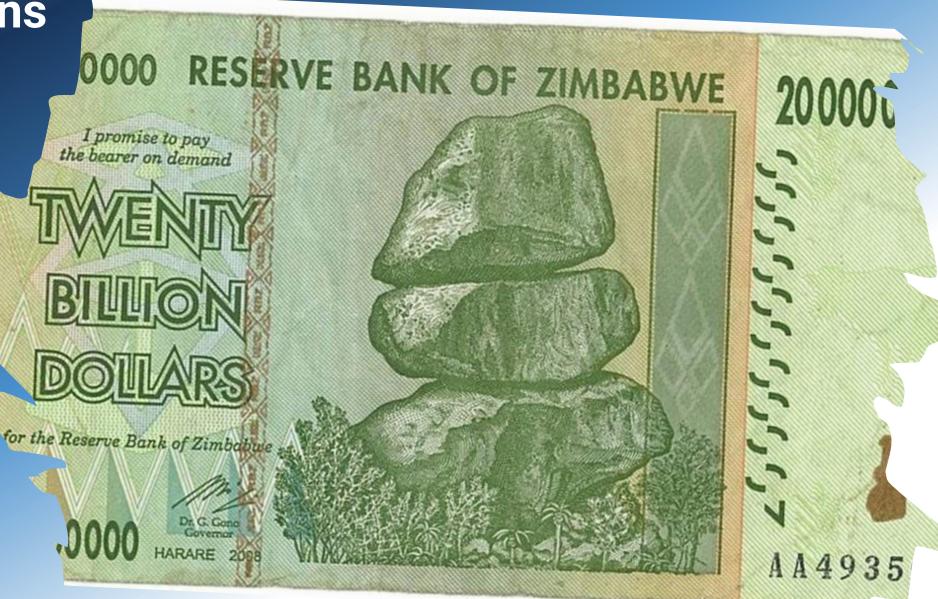
Financial Advisors do not provide tax advice. Please consult a tax professional for advice regarding your specific situation.

If you had invested \$1,000 in US stocks in 1970, how much would it be worth today?



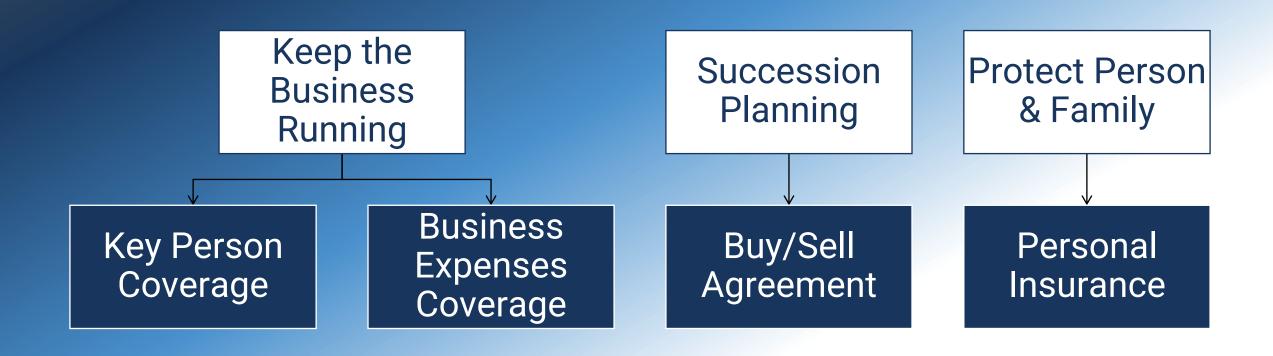
Risk is Anything that Threatens Purchasing Power

Hypothetical Illustration



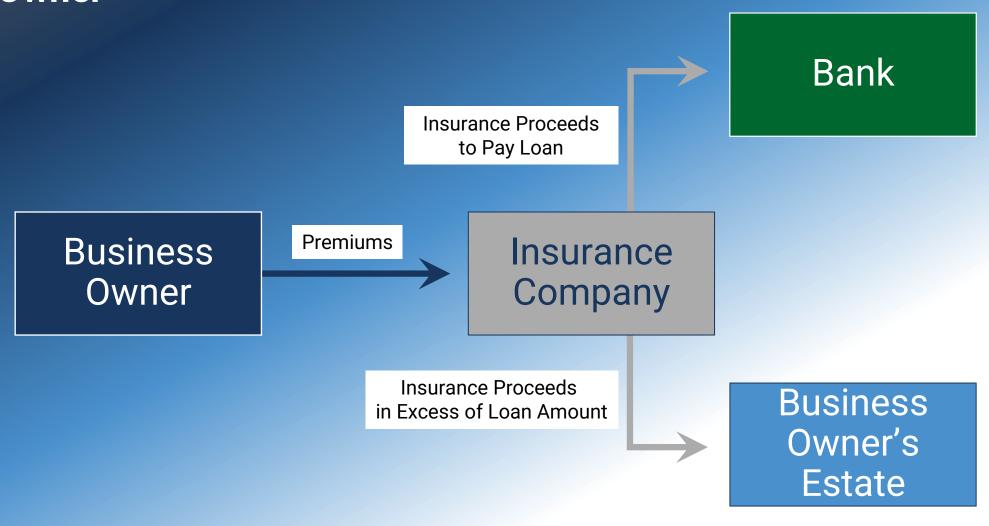


What would happen if something happened to you?



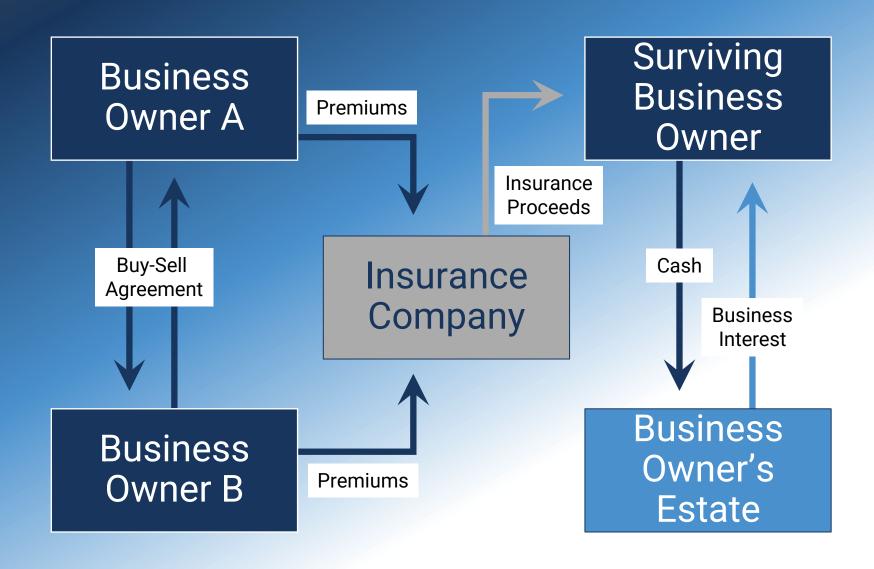
Collateral Assignment

1 Owner



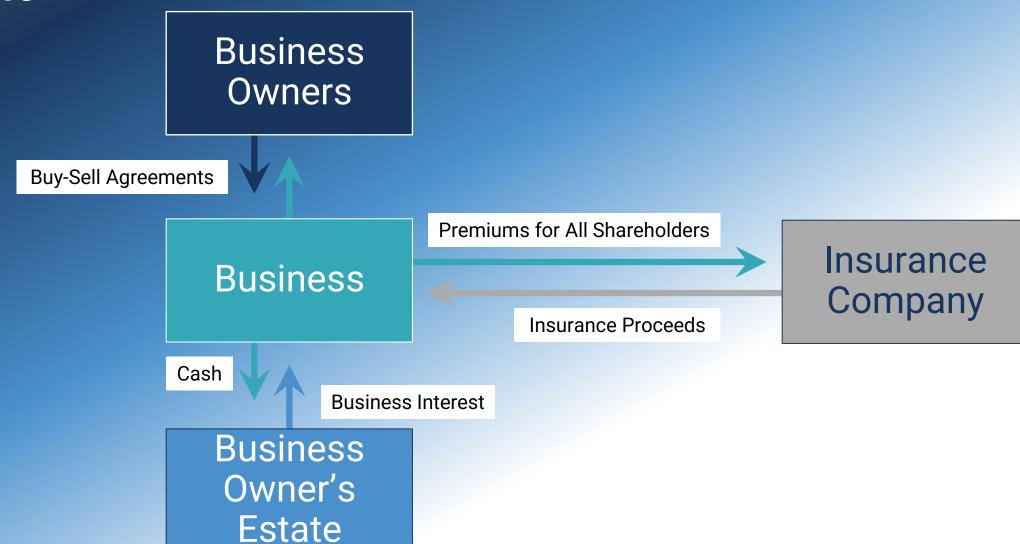
Cross Purchase Buy/Sell

2 Owners

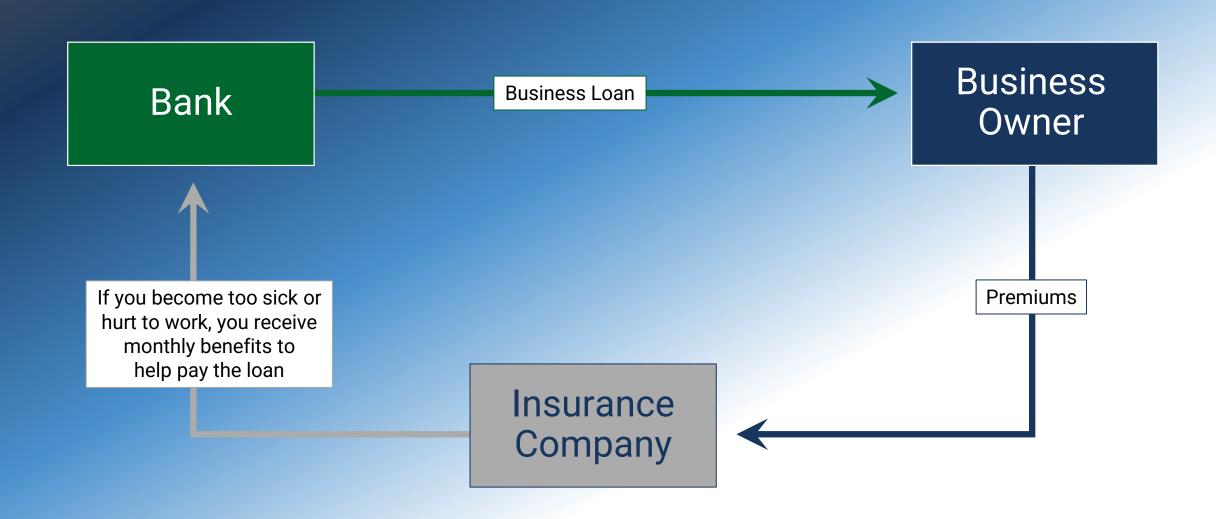


Stock Redemption Buy/Sell

3+ Owners



Business Loan Protection



Risk Management

Comprehensive Disability Planning

Four Planning Areas

Personal Income Protection

Individual Disability Insurance Group Long-Term Disability

Personal Retirement Protection

Disability Income Retirement Security

Business Protection

Overhead Expense
Business Loan Protection

Business Exit Planning

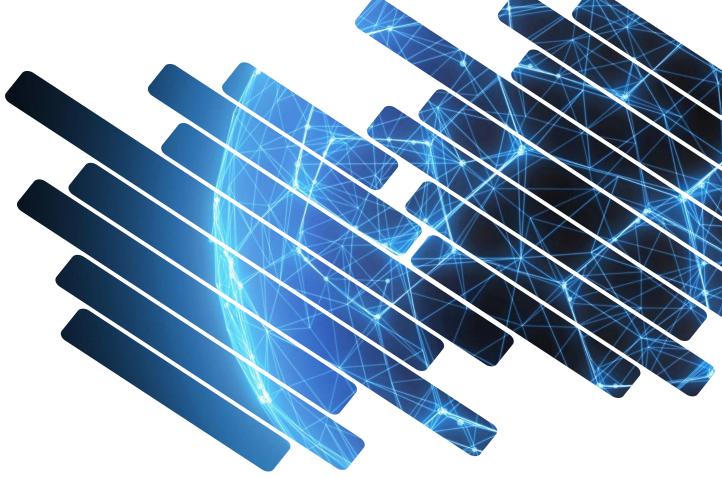
Disability Buyout

Is your insurance designed to protect you when you really need it?

 Understand the language of your Disability Insurance

Disability Insurance Retirement Supplement

Business Disability Insurance



Do not be "Sold" your Disability Insurance.

Be educated on the different companies by shopping the open market.

Not all Disability Insurance is created Equal: "True Own Occ"
Definition of Disability Insurance



Risk Management

Life Insurance

Four Planning Areas

Family Protection

Pay Off Debts and Replace Income \$1M of Insurance = Approx. \$50,000 of Income Replacement

Business Protection

Secure a Loan to Buy a Practice Fund Your Business Continuation Agreement

Estate Planning

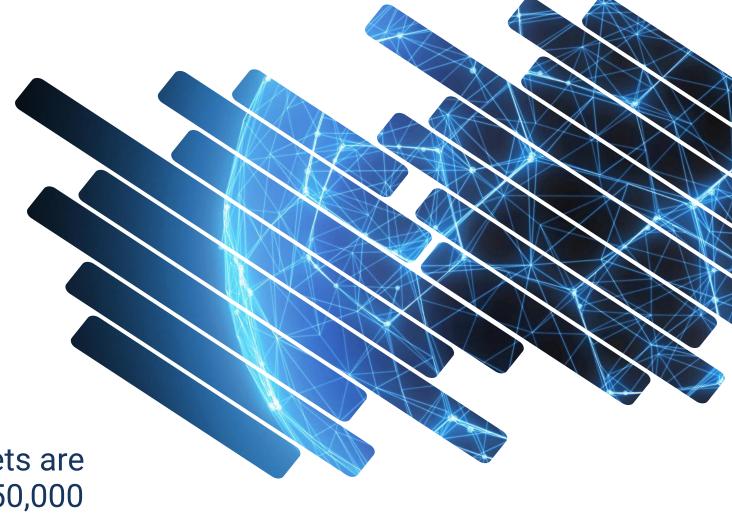
Provide Liquidity to Pay Taxes or Transfer Wealth

Cash Value Accumulation

Permanent Policies Only

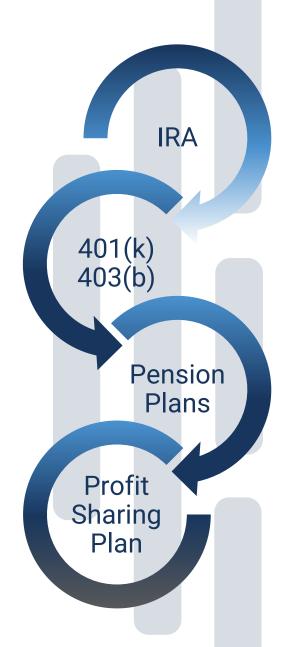
Asset Protection/ Risk Management

- Homeowners and auto insurance
- Business liability insurance and personal umbrella liability
- Malpractice coverage
- Life insurance up to 20x income
- Disability insurance
- Health insurance: individual or group plans through your practice
- In Minnesota, large protected assets are qualified plans (401k etc.) and \$450,000 of home equity*





- 401k
- IRA
- Roth IRA or Backdoor Roth IRA
- Simple IRA
- Profit Sharing Plan



Defer Tax

Example:

Gross Income \$120,500

401(k) Contribution \$20,500

Taxable Income \$100,000

Tax Deferral \$20,500 x .35

(.35 is 35% tax bracket)

Tax Deferral = \$7,175 *\$6,500 catch up if over age 50



Roth IRA

2022 Contributions

- Up to \$6,000 (married filing jointly \$12,000)
- Must be made by April 15, 2023
- Always Non-Deductible
- Can continue past Age 70 ½
- Earnings Accumulate Tax Deferred
- Post-Tax Money
- Cannot be Deducted
- Income Limitations for 2022

Single: Phase-out starts at \$129,000

Ineligible at \$144,000

Married: Phase-out starts at \$204,000

Ineligible at \$214,000

Qualified distributions must meet a five-year holding period and satisfy one of three additional requirements: reaching age 59 1/2, disability or death. Five years is measured from January 1 of the year of your first Roth(k) contribution. Plan provision may impact withdrawal availability.

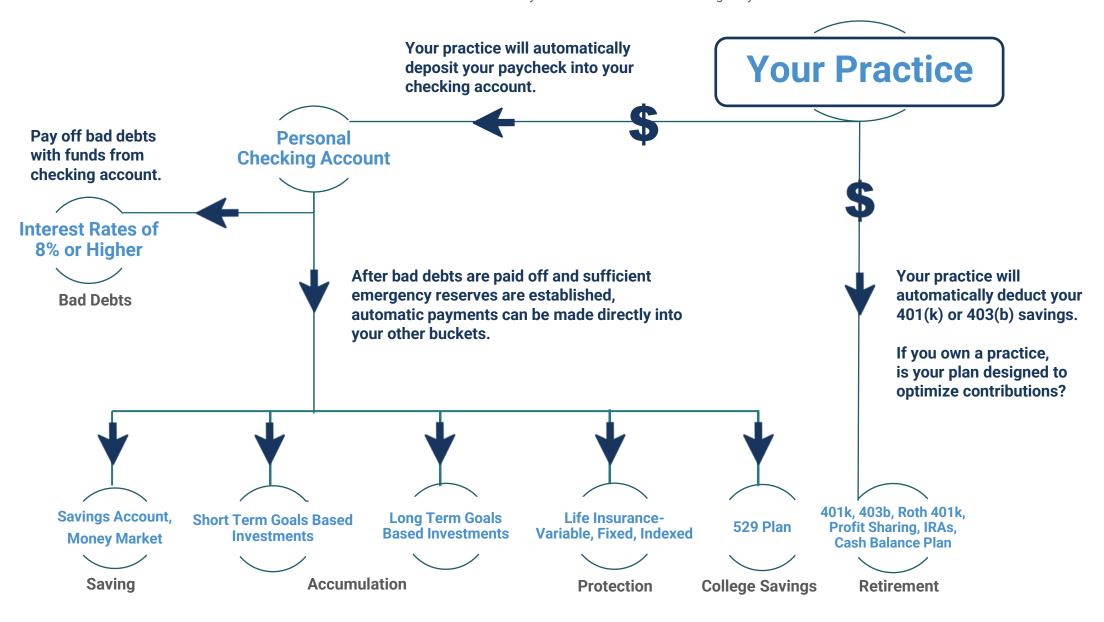
The Cost of Waiting to Invest

The monthly investments required at different ages to accumulate \$3,000,000 by age 65, assuming a 10%* compounded rate of return:



Flow of Income & Savings Considerations

Investments will fluctuate and when redeemed may be worth more or less than originally invested.





"On what principle is it, that when we see nothing but improvement behind us, we are to expect nothing but deterioration before us."

Thomas Babbington Macualy, from the review of Sutheys Colloquies Upon Society - 1830

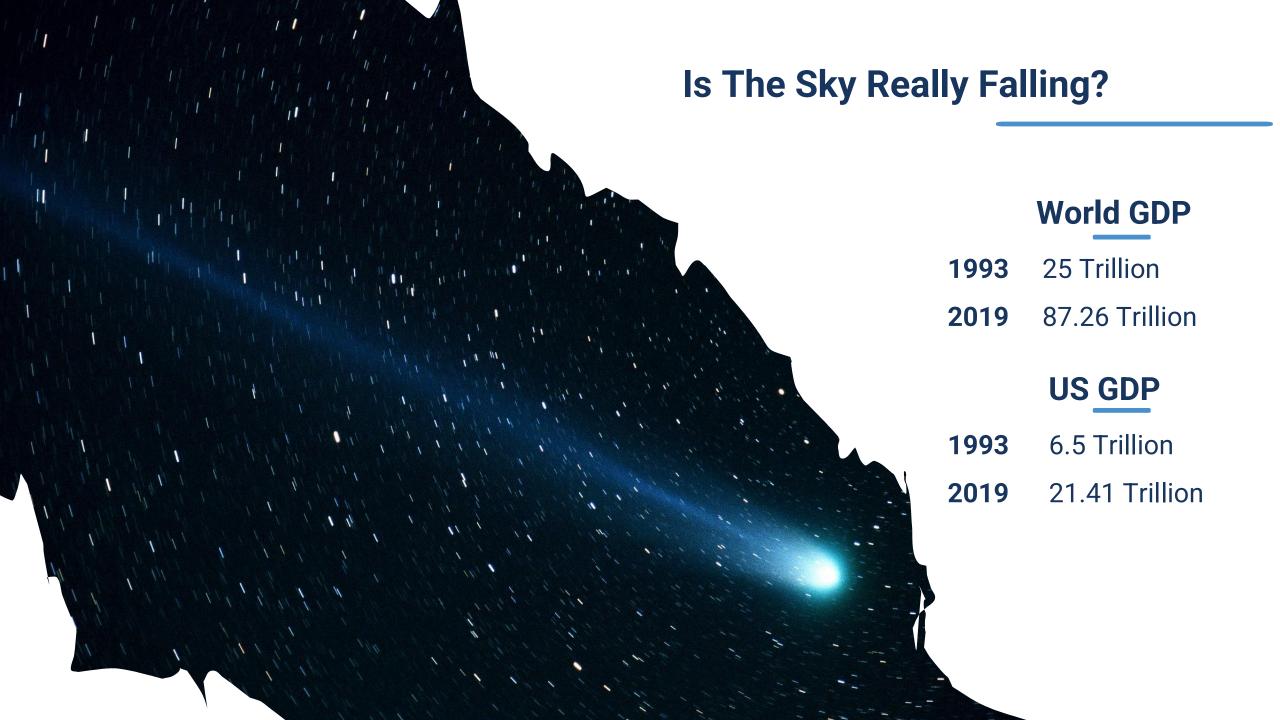
"The only thing new in the world is the history you do not know."

Harry Truman

We consistently fail to grasp how many ideas there remain to yet be discovered.

In 1992 four gigs of flash memory cost \$500,000 to make and would retail for \$3M, so a 32 gig smart phone would have retailed for almost \$24M or 128 gig for \$96M.





Shanghai Skyline

1990 2020





What to look for in a Financial Advisor

Do they understand you?

How are they paid?

Commission?

Fees?

Both?

Who do they work for?



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What is the Process?

- ☐ Get the help of a Financial Services Professional
- ☐ Complete a summary of your current financial situation
- ☐ Discuss and put into writing your short, medium, and long-term financial goals
- ☐ Develop a strategy that helps you achieve your most important Goals
- ☐ Review and update the program at least annually

