

# *The Minneapolis District Dental Society Would Like to Invite You to Attend this Special Evening*

Thursday, October 5, 2017  
Minneapolis Marriott Northwest Hotel  
7025 Northland Drive North, Brooklyn Park, MN

5:30 P.M. REGISTRATION/NETWORKING



6:30 P.M. PROGRAM BEGINS

## **“Grief Happens: How to Cope and What to Say When Catastrophe Occurs”**

The Minneapolis District invites you to a special night of personal and professional education and insight sharing with three dentists who have coped with significant loss.



Kim Harms, D.D.S.



Bruce Betterman, D.D.S.



Peter Cannon, D.D.S.

### **Course Description**

Life is full of joys and sorrows. Stress levels are up and grief is unavoidable. The joy is easy to manage, the sorrows - not so much. Divorce, emotional illness, physical illness, addiction, financial disasters, betrayal and death affect us all. This seminar is designed to give insight about loss and survival from those who have experienced it. It will also help to increase understanding of how to manage grief, stress and emotional issues that occur within the dental team. Learn about the stages of grief and the ultimate goal of working through it. Discover new healing words and actions that may help a colleague, patient or friend who has suffered a loss. Most importantly improve your understanding of the human ability to overcome loss and grief and find joy in life again.

**Dr. Kim Harms** — In a two-year period, while coping with her husband's liver cancer diagnosis, lost her brother, her career and son (to suicide).

**Dr. Bruce Betterman** — He will share his personal story along with useful information for everyone as well as discussing resources available. Bruce has been a member of the Minneapolis District Dental Society for 42 years and practiced general dentistry in Richfield prior to retiring last year.

**Dr. Peter Cannon** — He will review where to go for help and how to get help for others. He has a rich history in the areas of drug and alcohol abuse and depression. For 35 years he has been a general dentist in St. Paul. He was also the past president of the Minnesota Dental Association in 2016.

One and a half hour continuing education credits will be given.

**REGISTRATION INFORMATION ON THE REVERSE SIDE**

# Registration Form

Register for Grief Happens: How to Cope and What to Say When Catastrophe Happens with Drs. Kim Harms, Bruce Betterman and Peter Cannon to be held on Thursday, October 5, 2017

The Minneapolis District invites you to a special night of personal and professional education and insight sharing with three dentists who have coped with significant loss.

*Fax, mail or phone your reservation early. Deadline for registration is Tuesday, October 3, 2017.*

Please Print

Member Name: \_\_\_\_\_

Guest Name: \_\_\_\_\_

Telephone Number: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

**Registration Fee (Per Person) \$40.00** \_\_\_\_\_ Number of Attendees  
(Heavy Appetizers along with Cash Bar)

**Total Cost:** \_\_\_\_\_

**If you have any questions, please call the district office at 651.631.9845**

**MAIL TO: Minneapolis District Dental Society**  
2475 - 15th Street NW, Suite C, New Brighton, MN 55112-5606  
**FAX TO: 651.631.9846** (if paying by credit card)

Check # \_\_\_\_\_ Made Payable to the MDDS is Enclosed.

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

MasterCard

Visa

Zip Code of Billing Address for Credit Card: \_\_\_\_\_

Card Member Name: Authorized Signature: \_\_\_\_\_