

REGISTRATION INFORMATION

93rd Annual



**SPONSORED BY
MINNEAPOLIS DISTRICT
DENTAL SOCIETY**

Friday, January 25, 2019

Minneapolis Marriott Northwest Hotel
7025 Northland Drive North
Brooklyn Park, Minnesota

**REGISTRATION DEADLINE:
MONDAY, JANURARY 21, 2019**

REGISTRATION DEADLINE: JANURARY 21, 2019

2019 Midwinter Dental Meeting

Friday, January 25, 2019
Minneapolis Marriott Northwest Hotel
7025 Northland Drive North, Brooklyn Park, MN 55428

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|-------------------------|---|
| 7:00 a.m. - 8:30 a.m. | Registration, Exhibit Area Opens, and Hot Breakfast Buffett |
| 8:30 a.m. - 10:00 a.m. | Dr. Jamison Spencer Lecture |
| 10:00 a.m. - 10:30 a.m. | Refreshments in Exhibit Area |
| 10:30 a.m. - 1:30 p.m. | Dr. Jamison Spencer Lecture |
| 1:30 p.m. | Adjournment |

| | |
|----------------------------------|--------------------|
| Dentist | x \$100.00 = _____ |
| Non-Member Dentist | x \$200.00 = _____ |
| Dental Staff or Non-Dental Guest | x \$50.00 = _____ |
| Dental Student | x \$20.00 = _____ |

For Registration After January 21 Add An Additional \$20.00 x \$20.00 = _____

Total Payment Enclosed: _____

FORM OF PAYMENT:

CHECK ENCLOSED
(PLEASE MAKE CHECK PAYABLE TO THE MPLS. DISTRICT DENTAL SOCIETY)

CHARGE TO: MASTERCARD VISA

CREDIT CARD NUMBER _____

EXP. DATE _____ ZIP CODE OF BILLING ADDRESS FOR CREDIT CARD _____

AUTHORIZED SIGNATURE _____

•COPY FORM AS NECESSARY FOR ADDITIONAL TEAM MEMBERS•

NAME (PLEASE PRINT) _____ TITLE _____

DENTAL PRACTICE NAME _____

EMAIL _____

ADDRESS _____

CITY/STATE/ZIP CODE _____

TELEPHONE _____ NUMBER ATTENDING (ATTACH LIST OF ALL ATTENDEES)

Those paying by credit card are encouraged to fax their completed registration for to (651) 631-9846.

Registering by mail? Please mail to:
Minneapolis District Dental Society
2475 - 15th Street NW, Suite C
New Brighton, MN 55112-5606
Telephone: (651) 631-9845

NO REFUNDS AFTER MONDAY,
JANURARY 21, 2019

Sleep Apnea from Screening to Final Follow Up: Practical Steps to Help your Patients Go from Fatigued to Fantastic!



Dr. Jamison Spencer

Dr. Jamison Spencer is the director of the Center for Sleep Apnea and TMJ in Boise, Idaho, and the Director of Dental Sleep Medicine for Lane and Associates Family Dentistry in Raleigh, North Carolina. Dr. Spencer is the Past-President of the American Academy of Craniofacial Pain (AACPP), a Diplomate of the American Board of Craniofacial Pain, a Diplomate of the American Board of Dental Sleep Medicine, a Diplomate of the American Board of Craniofacial Dental Sleep Medicine and has a Masters in Craniofacial Pain from Tufts University.

He taught head and neck anatomy at Boise State University and is an adjunct faculty at University of the Pacific and University of North Carolina Dental Schools. Dr. Spencer lectures locally, nationally and internationally on TMD, dental sleep medicine and head and neck anatomy. Dr. Spencer lives in Pleasant View, Utah with his wife of twenty-six years, Jennifer, and their six children.

COURSE OVERVIEW

Sleep apnea is now widely recognized as being closely related to many dental problems. Bruxism with all of its negative consequences from wear of the teeth to breakage of restorations has been linked to obstructive sleep apnea events. Growth and development in the child, and periodontal disease in the adult also have connections with sleep apnea. In the fall of 2017, the ADA published guidelines encouraging all dentists to screen our patients for sleep disordered breathing. But how do we best do that? And then what do we do when we find out the patient has a problem and needs our help?

In this presentation, Dr. Spencer will give a step-by-step approach from initial screening of our patients through diagnosis, treatment and follow up. A special focus will be given on working with our local medical community in a multi-disciplinary approach. Recommendations will also be given to help the dentist avoid problems and potential side effects.

Almost everyone knows someone who has sleep apnea. This presentation will focus on what we can do as dental professionals to significantly impact the health of our patients as we look beyond the teeth and save lives.

LEARNING OBJECTIVES

1. Be able to implement screening of patients for possible sleep apnea immediately in practice.
2. Know how to work with the medical community to obtain an accurate diagnosis and treatment plan and how to understand sleep study reports.
3. Recognize the various types of oral appliances and when to choose which type of appliance to maximize the chances of a successful outcome.
4. Be able to reduce the odds of oral appliance therapy side effects such as tooth movement and jaw position changes.
5. Know when to refer a patient back for objective follow up and how to create a plan for long term care.

TESTIMONIAL

Jamison Spencer makes learning about sleep apnea exciting. He is knowledgeable and relatable. He takes a sleepy subject and keeps you awake and engaged the whole time with his sense of humor and ability to make the topic directly relevant. You won't want to miss this lecture.

~Melissa S. Zetter, D.D.S.
Program Committee Chairperson
Minneapolis District Dental Society

The Minneapolis District Dental Society wishes to extend a special Thank You to our corporate sponsors for making it possible for the dental, dental hygiene and dental assisting students to be in attendance at the Midwinter Dental Meeting. Without their continued support, this would not be possible.

Partial listing of sponsors as of October 15.

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Final listing of all sponsors will be printed in the program brochure distributed on the day of the meeting.

MINNEAPOLIS
MIDWINTER
DENTAL MEETING

You will earn five core continuing education credits for this lecture