

Southern District Dental Society 2018 Fall Meeting

Friday, September 7th, 2018

Come join us in Sleepy Eye, MN, at the brand-new Sleepy Eye Event Center for some continuing education for docs and staff alike! Our featured speaker this fall is James Lichon, RPh, DDS.

Dr. Lichon lectures nationally and internationally on cardiovascular disease, medications, supplements, your immune/inflammatory system, food choices and fitness. He has degrees in pharmacy and dentistry, and a national certification in cholesterol management. He is a member of the American Dental Association, Michigan Dental Association, International Atherosclerosis Society, National Lipid Association, American Pharmacist Association, and the American Heart Association. Jim was in private practice and the past director of the Wellness Clinic at the VA Hospital. He is a heart attack and open-heart surgery survivor who is passionate about helping people live healthier lives. Jim is also a published author, master gardener and spinning (exercise) instructor.

Schedule

7:45 am - 8:15 am **Registration**

8:15 am - 8:30 am **Introductions**

8:30 am – 11:30 am **Morning Lecture**

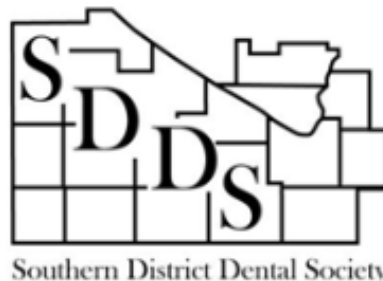
- Understand the immune/inflammatory system and its connection to periodontal disease, Sjogren's syndrome, lichen planus, hypothyroidism, Celiac disease and their oral manifestations.
- Optimize your own personal health: Work with less stress and live healthier with proper nutrition and fitness.

11:30 am- 1:00 pm **Business meeting and lunch**

1:00 pm – 3:45 pm **Afternoon lecture**

- Understand the new findings on aspirin, ibuprofen, and Tylenol and its impact on dentistry
- Tips to avoid dental malpractice

****We believe your staff will find our speakers as interesting as you do. As a benefit to our members, we keep staff prices to an a low \$20 per person to make this continuing education even MORE affordable!**



Venue:

Sleepy Eye Event Center
110 12th Ave NE
Sleepy Eye, MN 56085

SOUTHERN DISTRICT DENTAL SOCIETY

Fall Meeting Registration

Friday, September 7th, 2018

Sleepy Eye Event Center

110 12th Ave NE, Sleepy Eye, MN

NAME:

ADDRESS:

CITY:

ADA#:

PHONE:

Return registration form and payment to

SDDS

C/O Karl Haemig, DDS

304 Valleygreen Square

Le Sueur, MN 56058

Cost (includes lunch): \$85 / DDS

\$20 / All others

Checks Payable to: Southern District Dental Society

NAME	DDS	Spouse	Hyg.	Asst.	Lab
1.					
2.					
3.					
4.					
5.					
TOTAL HERE					

Hotels in Sleepy Eye

Local options include AmericInn at
(507) 794-9494, or the WW Smith Inn
at (507) 794-5661

Signature: _____

Date: _____, 2018

Pre-registration deadline

August 31st, 2018

*Note: Late or same day registration will be an additional \$20.00 for the lecture. Refunds will be made only in special circumstances and the name must be listed on pre-registration form. Last minute change of plans or failure to show for the lecture is insufficient reason for refund. Rooms and meals are set on a pre-registered basis and cannot be refunded. ADA members only.